

RECREATIONAL GYMNASTICS

ROOKIES (Ages 0-Walking)

50 MINUTES \$101/MONTH
Monday 11:00am

PLAY DATES (Ages Walking-3)

50 MINUTES \$101/MONTH
Monday 9:15am, 10:15am
Tuesday 10:00am, 11:00am
Wednesday 10:00am
Friday 9:15am, 10:00am
Saturday 9:00am, 10:00am

GROMMETS (Ages 3-5)

50 MINUTES \$101/MONTH
Monday 3:00pm, 4:15pm, 5:15pm, 6:15pm
Tuesday 10:00am, 5:30pm
Wednesday 4:00pm, 5:00pm, 6:00pm
Thursday 3:30pm, 4:15pm, 5:30pm
Friday 10:15am, 11:00am, 3:30pm, 4:30pm, 5:45pm
Saturday 9:00am, 10:00am, 11:00am

HANGFIVE (Ages 5-6)

60 MINUTES \$126/ MONTH
Monday 3:45pm, 5:15pm, 6:15pm
Tuesday 3:45pm
Wednesday 3:00pm, 4:15pm, 5:30pm
Thursday 5:15pm
Friday 3:30pm
Saturday 10:00am, 11:00am

PARKOUR

GYMNINJA (Ages 3-5)

50 MINUTES \$101/MONTH
Monday 4:00pm
Tuesday 4:45pm
Wednesday 11:00am
Friday 3:45pm
Saturday 9:00am, 10:00am

GYMWARRIOR (Ages 5-6)

60 MINUTES \$126/MONTH
Tuesday 4:15pm
Thursday 6:30pm
Friday 4:30pm
Saturday 11:00am

BEGINNING (Ages 6+)

60 MINUTES \$126/MONTH
Monday 3:30pm
Tuesday 5:30pm, 6:45pm
Wednesday 4:30pm, 5:30pm
Thursday 5:15pm
Friday 4:45pm, 5:30pm
Saturday 9:00am

LEVEL 1 (Ages 6+)

60 MINUTES \$126/MONTH
Monday 4:00pm, 5:00pm, 5:30pm
Tuesday 3:15pm, 4:15pm, 5:15pm, 5:45pm
Wednesday 3:00pm, 4:15pm, 6:30pm
Thursday 4:00pm, 5:15pm, 6:30pm
Friday 4:45pm, 5:45pm
Saturday 9:00am, 10:00am, 11:00am

LEVEL 1 (Ages 9+)

60 MINUTES \$126/MONTH
Monday 4:30pm, 6:15pm
Tuesday 6:30pm
Thursday 6:30pm

LEVEL 2 (Ages 6+)

90 MINUTES \$176/ MONTH
Tuesday 4:30pm, 5:30pm, 6:30pm
Thursday 4:00pm
Friday 3:00pm
Saturday 8:45am

LEVEL 2 (Ages 9+)

90 MINUTES \$176/ MONTH
Monday 4:45pm, 6:30pm
Tuesday 3:45pm, 6:15pm
Wednesday 6:30pm
Thursday 6:30pm
Friday 2:15pm

LEVEL 3 (Ages 6+)

120 MINUTES \$220/MONTH
Monday 5:45pm
Wednesday 4:15pm
Thursday 4:15pm, 5:45pm

TUMBLING

BEGINNING TUMBLING
60 MINUTES \$126/MONTH
Monday 6:30pm (Ages 6+)
Tuesday 6:45pm (Ages 12+)
Wednesday 5:30pm (Ages 9+)
Friday 4:45pm (Ages 6+)

INTERMEDIATE TUMBLING (INVITE ONLY)

90 MINUTES \$176/MONTH
Thursday 6:30pm

V.I.P. (Age 5+)

SDG'S VERY INCLUSIVE PROGRAM
50 MINUTES \$92/MONTH
Saturday 12:15pm

ENROLL NOW!

REGISTER ONLINE

www.sdgymnastics.com
ANNUAL FEE \$65
Tuition is billed monthly for one class/ week one month in advance.

NO REFUNDS OR MAKEUPS.

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



COMPETITIVE TEAM

INVITE ONLY

HOT SHOTS PRE-TEAM (Ages 4-6)
\$229/MONTH + ANNUAL \$99
Monday & Wednesday 4:00-5:30

STARS PRE-TEAM (Ages 6+)
\$269/MONTH + ANNUAL \$99
Monday & Wednesday 4:00-5:30pm
Friday 4:00-6:00pm

COMPETITIVE XCEL TEAM
\$419/ MONTH + ANNUAL \$405
Monday 5:30-8:00pm
Wednesday 5:30-8:00pm
Friday 4:00-6:00pm

DEMO TEAM \$64/ MONTH
Tuesday 6:30pm

PARKOUR TEAM \$85/ MONTH
Friday 5:45pm

ACTIVE LEARNING

JUMPSTART (Ages Potty Trained- 5)

3 HOUR DROP OFF \$208/ MONTH
Choose 1-5 days/ week, tuition multiples per day attended
Monday- Friday 9am-12pm

BEYOND (Ages 5+)

AFTER SCHOOL PROGRAM
Not offered at this location.

CAMPS

KIDS NIGHT OUT

4 HOUR DROP OFF
ENROLLED IN CLASSES \$42/CHILD
OR \$79/ FAMILY
OFFER THE 2ND FRIDAY EVERY MONTH

HOLIDAY CAMPS

9AM-3PM MONDAY- FRIDAY
WHEN SCHOOL IS OUT, CAMP IS IN!
SEE WEBSITE FOR DETAILS.

EVENTS

PARTIES

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$325
MORE INFORMATION ONLINE

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to enrolled athletes)
Monday-Friday 12:15-1:15PM (ALL ages)
Saturday 1:30-2:30PM (6 & up ONLY)*



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