

RECREATIONAL GYMNASTICS

ROOKIES (Ages 0-Walking)

COMING SOON!

PLAY DATES (Ages Walking-3)

50 MINUTES \$106/MONTH

Monday 9:00am
Tuesday 9:00am, 10:00am
Wednesday 10:00am
Thursday 10:00am
Friday 9:00am
Saturday 9:00am, 10:00am, 11:15am

GROMMETS (Ages 3-5)

50 MINUTES \$106/MONTH

Monday 10:00am, 3:00pm, 5:15pm
Tuesday 9:00am, 10:00am, 3:00pm, 4:15pm, 5:30pm
Wednesday 10:00am, 11:00am, 3:15pm, 4:00pm, 4:30pm, 5:00pm
Thursday 10:00am, 11:00am, 3:30pm, 4:30, 6:00pm
Friday 10:00am, 3:15pm, 5:15pm
Saturday 8:30am, 9:00am, 9:30am, 11:30am, 12:15pm

HANGFIVE (Ages 5-6)

60 MINUTES \$132/ MONTH

Monday 3:00pm, 4:15pm
Tuesday 4:15pm, 5:30pm
Wednesday 4:15pm, 5:30pm
Thursday 4:00pm, 5:00pm
Friday 4:15pm
Saturday 9:30am, 10:00am

LEVEL 1 (Ages 6+)

60 MINUTES \$132/MONTH

Monday 4:00pm, 4:15, 5:30pm
Tuesday 3:00pm, 4:15pm, 6:30pm
Wednesday 2:30pm, 3:30, 4:15pm, 4:30pm, 5:45pm
Thursday 3:30pm, 4:00pm, 5:30pm
Friday 3:15pm
Saturday 10:00am, 10:30am

LEVEL 1 (Ages 9+)

60 MINUTES \$132/MONTH

Tuesday 6:45pm
Wednesday 5:30pm
Thursday 4:00pm, 4:15pm, 6:15pm
Friday 5:15pm

LEVEL 2 (Ages 6+)

90 MINUTES \$184/ MONTH

Monday 3:45pm, 5:00pm
Tuesday 5:15pm, 5:30pm
Wednesday 2:30pm, 4:00pm, 5:30pm
Thursday 2:30pm, 4:00pm, 4:45pm
Friday 3:15pm, 5:30pm
Saturday 10:30am

LEVEL 3 (Ages 6+)

120 MINUTES \$231 /MONTH

Monday 5:30pm
Wednesday 6:00pm
Thursday 5:00pm, 5:30pm

TUMBLING (Ages 6+)

60 MINUTES \$132/MONTH

Tuesday 6:45pm
Wednesday 7:00pm
Thursday: 6:00pm

ENROLL NOW!

REGISTER ONLINE

www.sdgymnastics.com

ANNUAL FEE \$65

Tuition is billed monthly for one class/ week one month in advance.

NO REFUNDS OR MAKEUPS.

DOWNLOAD



DOWNLOAD ON THE
Apple Store



GET IT ON
Google Play



PARKOUR

GYMNINJA (Ages 3-5)

50 MINUTES \$106/MONTH

Monday 5:30pm
Tuesday 3:15pm
Wednesday 10:00am, 11:00am, 3:30pm
Thursday 10:15am, 11:15am
Saturday 9:00am, 10:00am, 11:00am

GYMWARRIOR (Ages 5-6)

60 MINUTES \$132/MONTH

Monday 3:15pm
Thursday 4:30pm

BEGINNING (Ages 6+)

60 MINUTES \$132/MONTH

Monday 4:15pm, 6:30pm
Tuesday 4:15pm, 5:30pm
Wednesday 4:30pm
Thursday 3:30pm, 5:30pm
Friday 5:15pm
Saturday 11:00am

INTERMEDIATE

60 MINUTES \$132/ MONTH

Tuesday 6:45pm
Thursday 6:30pm
Friday 3:15pm

ADVANCED (Invite Only)

90 MINUTES \$184/MONTH

Wednesday 5:45pm

PARKOUR TEAM (Invite Only)

60 MINUTES \$85/MONTH

Friday 4:15

COMPETITIVE TEAM

INVITE ONLY

Contact us for pricing.

HOT SHOTS PRE-TEAM (Ages 4-6)

Tuesday 4:00-5:30pm
Thursday 3:30-5:00pm

STARS PRE-TEAM (Ages 6+)

Monday 3:45-5:15pm
Wednesday 3:45-5:15pm
Friday 5:00pm-7:00pm

COMPETITIVE XCEL LEVEL 3 TEAM

Monday/Wednesday 5:30-8:00pm
Friday 5:00-7:30pm

COMPETITIVE XCEL LEVEL 4-6 TEAM

Tuesday 5:30-8:00pm
Thursday 5:00-7:30pm
Friday 5:00-7:00pm

DEMO TEAM

60 MINUTES \$70/ MONTH
Friday 5:00pm

ACTIVE LEARNING

JUMPSTART (Ages Potty Trained- 5)

3 HOUR DROP OFF \$208/ MONTH

Choose 1-5 days/ week, tuition multiples per day attended
Monday- Friday 9am-12pm

BEYOND (Ages 5+)

AFTER SCHOOL PROGRAM
Transportation available from local schools.

Monday- Friday 2pm-6pm
Contact us for pricing.

CAMPS

KIDS NIGHT OUT

4 HOUR DROP OFF
ENROLLED IN CLASSES \$42/CHILD
OR \$79/ FAMILY
OFFER THE 2ND FRIDAY EVERY MONTH

HOLIDAY CAMPS

9AM-3PM MONDAY- FRIDAY
WHEN SCHOOL IS OUT, CAMP IS IN!
SEE WEBSITE FOR DETAILS.

EVENTS

PARTIES

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$325
MORE INFORMATION ONLINE

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to enrolled athletes)
Monday-Friday 12:15-1:15PM (ALL ages)
Saturday 1:30-2:30PM (6 & up ONLY)*



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